



Human Science

Our group meets on the first Thursday morning of each month, excluding August and January, in Broadway House which is located in Northbrook Street, Newbury near the clock tower.

The format of our meetings includes talks given by members (or others), discussions of current topics in human science and evaluation of the validity of human science claims particularly those made in the press or social media.

The range of topics we discuss includes all aspects of human science – anatomy, physiology, cause and treatment of disease, genetics, psychology and nutrition.

While we welcome members who have relevant background and knowledge in these subjects, we encourage membership from those who do not but are willing to engage in and lead discussions.

A small annual donation is requested to cover the cost of renting the room in Broadway House.

This is a new U3A group having being initiated in April 2026 and is currently full with 15 members. If you would like your name added to the waiting list please contact the group leader or U3A Office.

Recent Discussions



Blood

We all know what it is,
don't we?



The Human Gut Microbiome

Part 1

Open discussion:
Cholesterol and Collagen
Real or Fake News