

PICKLEBALL

Pickleball is similar to tennis played on a badminton-sized court (inside and outside). The net is lower than tennis, using special plastic balls (with holes in!) and large bats called paddles which have a rough surface to impart spin.

The game is easy to pick up and enjoyable. It can be played as fast and exciting as you wish, usually played as doubles (two players per side). It is less energetic than tennis but just as much fun.

All equipment is provided. Dress for sport and bring a bottle of water.

Pickleball groups 1 - 5

Beginners should first join the Pickleball 3 group - 1.00pm, Monday

- We play at the Riverside Community Centre Sports Hall just off Turnpike Road (Rosemoor Gardens, Newbury RG14 2FG). There is only 1 indoor court on which we play doubles (4 people at a time) and rotate play.
- We meet:

Pickleball 3	Mondays 13.00 to 15.00 (beginners and improvers)
Pickleball 2	Mondays 15.00 to 17.00 (less experienced players)
Pickleball 1	Thursdays 15.00 to 17.00 (experienced players, invitation only)
Pickleball 4	Thursdays 13.00 to 15.00 (experienced players, invitation only)
Pickleball 5	Fridays 10.00 to 12.00 (improvers)

Pickleball - Northcroft Leisure Centre

- We meet:

Pickleball Tuesdays	Tuesdays 10.30 to 11.30 (improvers)
Pickleball Novices	Wednesdays 9.30 to 10.30 (beginners)
Pickleball Intermediates	Wednesday 10.30 to 11.30 (improvers)

